

Abstract

School curricula of physical education in high school

The target of the work is to contribute to issues of creation and using of school educational program in physical education at Gyms and other high school types. As important is considered the feedback with the issues from the physical education teacher's point of view, that we have earned from work. From studying of professional literature, we have found experiences in given area and historical evolution at home and abroad. We have earned required data from the PE teachers thanks to questionnaire investigation with the use of stratified form made for physical education teachers under the name: „*Physical education in school educational programs*“. We have evaluated and then formed recommendations from founded knowledge and results from the questionnaire investigation for another practical use.

Keywords: School educational program, High school, benefits, use, physical education